

# How to Safely Remove Disposable Gloves

1.



Pinch outside of glove near wrist.  
*It is advisable to wash disposable gloves prior to removing remaining PPE.*

2.



Peel glove downward away from wrist,  
turning glove inside out.

3.



Pull glove away until it is completely  
removed, holding it in your gloved hand.

4.



Carefully slip two fingers under the wrist  
of the remaining glove, only touching the  
inside of the contaminated glove.

5.



Pull second glove downward over the first  
glove. *Dispose of gloves according to the  
pesticide label.*

6.



Thoroughly wash hands after removing  
gloves.

